LED Light Therapy Treatments W/ Topical Infusions

<u>Anti-Aging/Wrinkle Repair Treatment</u> \$135 or a recommended starting package of 6 for \$729 / or a package of 10 for \$1,147

This treatment is highly recommended for mature, aging, dull, dingy skin types. After deep cleansing, the skin exposed to 10 minutes of LED red light to help prepare the skin for Topical Light Infusion by increasing blood circulation, stimulating ATP production and cellular turnover. Next, the TLI Wrinkle Repair Serum & Cream are applied to the skin followed by 21 minutes of additional light therapy. This treatment uses a combination of proven powerful peptides, hyaluronic acid, vitamin c, and collagen to re-hydrate the face, and increase collagen and elastin formation resulting in a reduction of fine lines and wrinkles. It aids in decreasing flaccidity, lifting sagging tissues and restoring skin tone and texture resulting in an overall improvement erasing years from the face. Maintenance once every six weeks or as needed can prolong the youthful appearance.

<u>Be Bright Boosting Treatment</u> \$135 or a recommended starting package of 6 for \$729 / or a package of 10 for \$1,147

This treatment is recommended for those with rosacea, photo damaged & sensitive skin types. After deep cleansing, the skin is exposed to 10 minutes of LED Red Light to help prepare the skin for Topical Light Infusion by increasing blood circulation, stimulating ATP production and cellular turnover. Next, the TLI Skin Brightening Serum & Cream are applied to the skin followed by 18 minutes of additional light. This treatment utilizes kojic acid and vitamin C to improve discoloration caused by sun damage, chemical build-up, chemical reactions from chemical peels, and excessive use of skin damaging products. This Topical Light Infusion process also helps to normalize the melanin within the skin. The amount of treatments needed vary depending on the amount of damage to the skin the age of the client but most individuals respond well to 6-10 treatments.

<u>Blemish Control Treatment</u> \$135 or a recommended starting package of 6 for \$729 / Package of 8 for \$920

This treatment is ideal for congested and oily skin. After deep cleansing and extractions, the skin is exposed to 10 minutes of LED Red Light to help prepare the skin for Topical Light Infusion by increasing blood circulation, stimulating ATP production and cellular turnover. Then the TLI Anti-Blemish Oil Control Treatment Mask is applied to the skin. The concentrated gel-based mask contains several Power Pure ingredients designed to reduce inflammation, detoxify the skin tissue and reduce unsightly blemishes resulting in an overall improved look and feel of the skin. Next, the skin is exposed to 20 minutes of additional light to increase nutrients, blood and oxygen flow to the skin and capillaries, therefore helping to further decrease inflammation and help heal damaged tissue. It is recommended to book one service first and we can discuss the best treatment plan after your skin consultation.

Epidermal Growth Factor (EGF) Firming & Tightening Treatment \$135 or a recommended starting package of 6 for \$729

This is for any skin that requires some TLC and is fantastic for boosting collagen and cellular repair. After deep cleansing, the skin is exposed to 10 minutes of LED red light to help prepare the skin for Topical Light Infusion by increasing blood circulation, stimulating ATP production and cellular turnover. Next, the EGF Firming Complex Serum and Gel Mask are applied to the skin and then exposed to 18 minutes of additional light. The EGF Firming Mask is ideal for boosting collagen and cellular repair. This skin repairing formulation combines the benefits of anti-aging peptides with an epidermal growth factor and hyaluronic acid. This blend of powerful ingredients has several benefits including reducing redness and pore size, boosting hydration, boosting the synthesis of Collagen I, III and IV and protecting against glycation. Firmer, smoother, vibrant and more tone skin is often noticeable after just 1-2 treatments.

Plumping Hydration Treatment \$135

This is for skin that is dehydrated and bring brought back to life! After a deep cleansing, the skin is exposed to 10 minutes of LED Red Light to help prepare the skin for Topical Light Infusion by increasing blood circulation, stimulating ATP production and cellular turnover. Next, the Hyaluronic Peptide Gel Mask is applied to the skin followed by 15 minutes of Blue Light. This mask is infused with a powerful blend of hyaluronic acid, marine collagen, peptides, and nourishing vitamins and minerals. These clinical strength ingredients rapidly restore hydration levels, improve microcirculation and calm the skin. The skin usually appears smoother, firmer and plumper after just one to two treatments.

Revitalizing Retinol Treatment \$135

A great way to jump start your new skin care regimen as it is extremely effective at increasing cell turnover and improving cellular communications resulting in improved tone, texture and overall skin health. This treatment also delivers a high dosage of retinol with little to no irritation and redness. After a deep cleansing, the skin is exposed to 10 minutes of LED red light to help prepare the skin for Topical Light Infusion by increasing blood circulation, stimulating ATP production and cellular turnover. Next the TLI Revitalizing Retinol Treatment Mask is applied to the skin followed by 20 minutes of Blue Light.

Note: I can create a package combining different treatments specifically for your skincare needs. Please call me to set up a consultation.

LED Light Therapy Add-On

Discomfort/Pain (no treatment is used just the LED light) \$45 per session

LIGHTWAVE proprietary LED light Therapy session (15 minutes Red and/or 15 minutes IR Light) specifically designed to address inflammation associated with trauma and/or an allergic reaction that causes discomfort with a focus on clients who experience persistent problems such as joint and muscle discomfort. It is also used within 72 hours of any traumatic event including post-surgical interventions to reduce scarring and encourage normal tissue formation.

<u>Infrared Only</u> (no treatment is used just the LED light) \$45 per session

Infrared (IR) light (wavelength 800nm – 900nm) energy penetrates tissue at a greater depth than the blue and red light. Approximately 50% penetrates to 8cm and decreases to less than 1% at 20cm (NASA study). Infrared energy is known to heat tissue and its effects are well documented for therapeutic pain management. For cosmetic applications, IR stimulates the NaK+ pump which increases cell membrane permeability; facilitating equilibrium of cellular pH, while increasing nutritional absorption and elimination of waste byproducts.

Red LED Only (no treatment is used just the LED light) \$45 per session

Red light (wavelength 625nm-660nm) penetrates human tissue superficially, with approximately 80% of the energy being absorbed in the first 2cm. Red light energy has a significant effect on mitochondrial stimulation, which increases the production of ATP and in turn boosts fibroblast activity. This leads to an increase in cellular turnover, superficial circulation, and an anti-inflammatory emission.

Blue LED Only (no treatment is used just the LED light) \$45 per session

Blue light (wavelength 405nm-450nm) provides a very superficial penetration even with a high-intensity narrowband light source. It is primarily absorbed by the epidermis of the skin. Once it is absorbed, blue light targets P. acnes by stimulating porphyrins which then produce intracellular singlet oxygen and thus inducing bacterial death.